



Sport Programme

Participating in sport and being active is an important part of university life. Getting involved can be the perfect opportunity to meet friends, develop skills, take a break from studying, and above all else, stay fit and healthy.

The Complutense University is fully committed to promoting regular physical activity and encouraging participation in competitive and recreational sports. Our aim is to provide students and staff with balanced, high quality and integrated sport and exercise services which meet the needs of a wide range of users.

For this purpose, Complutense has an extensive range of indoor and outdoor sports facilities (260,000 m²) located on the Moncloa and Somosaguas Campuses: La Almodena, Somosaguas North, South, and Southeast Sport Centers, providing an extensive sport programme to meet the scheduling needs of students and staff.

In addition, there are sports clubs in various faculties and residence halls, in which teams and officials compete in intramural and extramural tournaments organized by the Unit of Sport Activities Administration (UGAD) under the Vice-Rector for Extra-Curricular Activities.



Complutense Sport Facilities

In addition to a wide range of programmes, we have a number of top quality facilities. Take a closer look at our great sport facilities by clicking on the headers.

North Sport Centre at Complutense Avenue, Tel – 34-913946093, UGAD: 34-913946092: football ground (artificial pitch), rugby field (grass pitch), tennis, basketball, and handball courts, futsal pitch.

South Sport Centre at Juan Herrera Avenue, Tel – 34-913941169: Sport Halls: basketball, handball, futsal, volleyball, racquetball, performance hall, gym (strength & conditioning, multipurpose and fitness rooms). Outdoor Pitches: football ground (grass pitch), rugby field (grass pitch), beach volleyball court, athletics tracks (300 m), swimming pool, paddle tennis, concert venue.

Southeast Sport Centre (Cantarranas) at Arquitecto López Otero St., Tel – 34-913941653: grass rugby pitch.

Somosaguas Sport Centre at Somosaguas Campus, Tel – 34-913942398: Indoor Sport Pavilion: strength & conditioning room, basketball, handball, futsal, volleyball. Outdoor Courts: basketball, handball, futsal, tennis, volleyball.

Almodena Sport Centre at Camino de Manoteras, Tel – 913946266: indoor swimming pool and indoor sport pavillon.

Sport Competitions

The Complutense University seeks to create an inspiring and motivational setting which encourages more young people to participate and succeed in sports.

Faculty club sports, under the direction of UGAD, provide the opportunity to participate in inter-faculty competitions, such as women's and men's basketball, men's handball, women's and men's futsal and men's 7 & 11-a-side football leagues, women's and men's rugby and women's and men's volleyball.

In addition, during the academic year the UGAD organizes a competition between universities of Madrid, as well as single championships in a great variety of categories. We also offer specific exercise programmes to meet your needs, such as body conditioning, fitness, yoga, pilates, bodysculpt, etc.

A particularly warm welcome is extended to all new students and staff, who are invited to take advantage of the many opportunities on offer.



Additional ECTS credits can be accrued for participating in sport competitions. For more information visit: http://www.ucm.es/deportes_2.

Sport programmes start in the first half of October, 2014